One Small Step for You,
One Giant Leap for Survivors:
Implementing Trauma Informed Care
In All Spaces
Ground Rules

Let's Work On This Together!

Before we leave...

Self care! There may be discussion of examples of traumatic experiences. Please take whatever measures you need to take care of yourself!
Today's Objectives

- Define trauma informed service provision.
- Identify what trauma informed services look like in a variety of settings.
- Develop at least two action steps to implement trauma informed services into daily settings.

Sexual Assault Across the Lifespan: Training and Technical Assistance Project

We’re here to help:
- Advocates
- Law enforcement officers
- Medical professionals
- Prosecutors

What We Can Do:
- Training/technical assistance
- Resource creation
- Trauma-informed resource creation/ promotion
- Networking, collaboration, and referrals
- Feel Good Tumblr
What is trauma?

- Sexual assault trauma is a physical and emotional violation that might result in feelings of intense fear, powerlessness, and hopelessness. Such events can be traumatic, not because they are rare, but because they overwhelm the internal resources that give individuals a sense of control, connection, and meaning (Bryant-Davis, 2005).
- Retraumatization (fight, flight, freeze)
- Vicarious Trauma

Check out our E-Learning Course for Free!
www.nsvrc.org/elearning

Defining Trauma Informed Care

Safety
Trust
Choice
Collaboration
Empowerment
Cultural Competence
Trauma Informed Care
Over the Lifespan

Children
Teens
Adults
Later Life

Trauma Informed Care and Cultural Competency
Show Us Your Space!

Your space, a space, no space, an imaginary space... it up to you!

Discuss With Your Group
Defining Settings and Their Differences

Ways to Implement Trauma Informed Care In Individual Settings
Surprise!

How Can You Create a Trauma Informed Space Today?
Questions?

Trauma Informed Lifespan Resources
Later Life

- Webinars (3)
- Maturing Your Services E-Learning Course
- Podcasts (3)

Children

- Webinars (2)
- One Caring Adult: Creating Safe and Supportive Classrooms for Children Who Have Been Sexually Abused E-learning Course
- Podcasts from One Caring Adult
- The Advocates Guide: Working With Parents of Children Who Have Been Sexually Assaulted
- Grounding Tools You Can Use: Interactive Tool
- Considering Family Reconnection and Reunification after Child Sexual Abuse: A Road Map for Advocates and Service Providers
Teens and Adults

Coming in 2016 and 2017

Contact Us!

aimmel@nsvrc.org
jbenner@nsvrc.org

Amanda Immel and Jenn Benner
Welcome back and thank you!

References

