

10 CORE CONCEPTS FOR CHILD SEXUAL ABUSE PREVENTION

Sexual Health & Development	Teaches anatomically correct terms for body parts
	Teaches age & developmentally appropriate sexual development
	Teaches evidence-based sexual health
	Supports access to comprehensive reproductive health services & information
Gender Socialization	Challenges gender-based stereotypes
	Supports skills & interests outside gender expectations
	Discusses concepts of masculinity & entitlement
	Supports non-binary gender exploration
Intersections of Oppression	Promotes respect & understanding for all cultures
	Explores concepts of self-identity & privilege
	Provides instruction on cultural competency & inclusivity
	Explores intersections of race, ethnicity, class, orientation, gender, ability, etc.
Boundaries & Consent	Teaches about touching on a continuum (not good/bad)
	Instructs how to say no or reject unwanted advances
	Teaches about setting & respecting boundaries
	Discusses concepts of consent – including affirmative consent
Empowerment & Body Ownership	Provides explicit instruction about body ownership
	Distinguishes between public & private parts of the body
	Allows autonomy over decision making related to body
	Encourages empowerment & practices assertiveness skills
Self-Regulation & Impulse Control	Teaches communication & problem solving
	Encourages non-violent conflict resolution
	Promotes impulse control strategies
	Provides skills & tools for self-regulation

Understanding, Identifying & Responding to Trauma	Teaches disclosure skills & encourages disclosure
	Teaches about ACEs & understanding trauma
	Promotes a trauma-informed environment & responses
	Identifies resources & strategies in response to trauma

Bystander Intervention	Teaches how to help someone in distress
	Builds skills on how to safely intervene
	Encourages creating a safe environment for everyone
	Promotes individual & community responsibility

Information About Sexual Abuse	Provides facts & explanations about sexual abuse
	Provides information about perpetrators & victims
	Emphasizes that abuse is never the fault of the victim
	Dispels common misperceptions about sexual abuse

Safety & Risk Reduction	Provides general safety recommendations
	Teaches how to recognize safe & unsafe situations
	Identifies trusted adults & develops support networks
	Teaches self-protective strategies & skills