

BACK TO TRAUMA- INFORMED SCHOOL:

IMPROVING CAMPUS RESPONSE TO SEXUAL ASSAULT

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How to use this technology



- Raise hand
- Text chat & private chat
- PowerPoint slides
- Polling questions
- Phone
- Closed captioning
- Web conference guidelines

Please send a private chat message for help.

Call iLinc Technical Support at 800.799.4510



Objectives

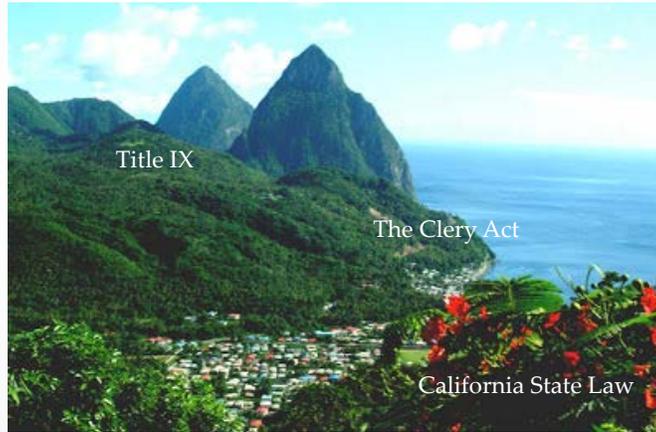
- Provide an overview of the landscape of Title IX, the Clery Act, and California law in regards to response to and prevention of sexual assault on campus
- Identify the tenants of a trauma-informed and resiliency-focused school/organization
- Share trauma-informed best practices
- Connect advocates to each other



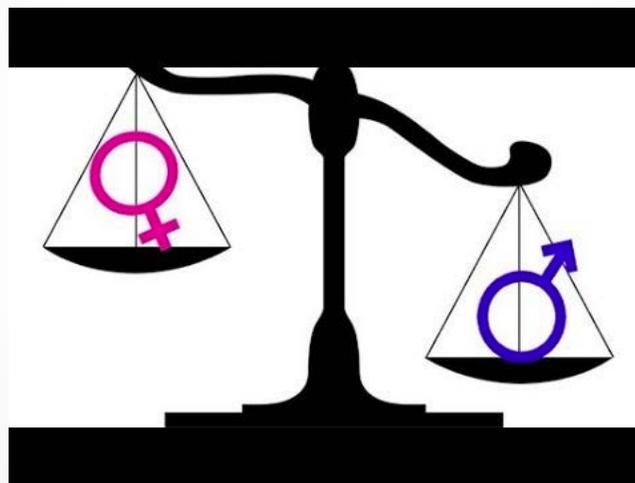
How We Got Here



The lay of the land



Title IX



Title IX Takeaways

- Applies to all schools that receive federal funding (K-12 too!)
- Has a Right of Action—individuals can sue under Title IX
- Sexual Assault = Sexual Harassment = Sex Discrimination
- Responsible Persons = Title IX reporting



The Clery Act



The Clery Act Takeaways

- College-specific safety considerations
- Has an annual reporting mechanism: ASR – “Annual Security Report”
- Has a security focus
 - Timely warnings/Emergency situations
 - Violent crimes
- Campus Security Authority = Reporting under Clery



California State Law



CA State Law Takeaways

- Affirmative Consent standard
- SA and DV counselor privilege still applies
- Required MOUs with Law Enforcement
- Encouraged MOUs with RCC/CBOs
 - To the extent possible
- State law = rapidly changing landscape



Polling Question

- How many of you have been trained on trauma-informed responses to sexual assault?
 - Yes
 - No
 - I don't know



Trauma-Informed Program, System or Organization:

What does it mean to be a
“trauma-informed system”?



Trauma-Informed Program, System or Organization:

- Realizes impact of trauma and identifies paths for recovery
- Recognizes the signs and symptoms of trauma
- Integrates knowledge about the impact of trauma into policies, procedures, and practices
- Seeks to actively resist re-traumatization
- Centers resiliency for those impacted by trauma



Trauma has impacts



Impact of Trauma





From “What’s wrong with you?” to “What happened to you?”

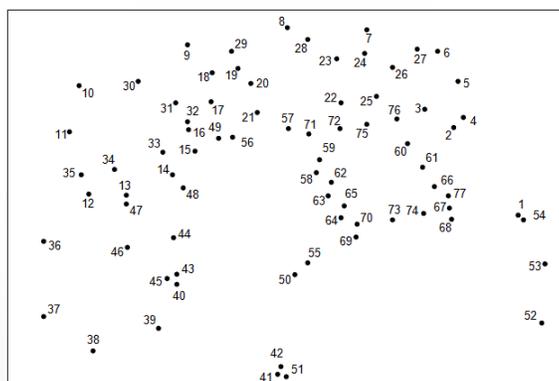


Trauma-Informed Tools

- **Connection:**
 - Understanding the survivor, providing choices
- **Collaboration:**
 - Coordinated Community Response Teams (CCRT)
 - Partnerships
- **Comprehensive Approach:**
 - Trauma-informed practices
 - Self-Care/vicarious trauma



Connection: Understanding the Survivor



Chat Questions

- What other myths or stereotypes around sexual assault and/or rape culture do you see at your campus?
- How do you address or shift these myths on campus?
 - Please enter your thoughts in the chat box



Barriers when seeking services

- Fear of not being believed
- Gaps in memory
- Knowing the assailant
- Victim blaming
- Fear of campus mishandling case
- Age- alcohol/drugs
- Understanding what occurred is rape
- Distrust of Law Enforcement



Privacy/Confidentiality

- Confidential spaces increase trust
- Access to confidential advocates increases likelihood that survivor will participate in various investigations/reporting
- **Confidential** compared to **Privileged Communications**
 - Holder is the survivor—and advocate has to actively preserve the privileged communications
- State law applies in Clery Act, Title IX, and California law—protecting communications with those can assert privilege
- Different forms of privilege
 - Attorney-Client
 - Doctor-Patient
 - Sexual assault counselor- Survivor



Empowerment Model

The survivor is the expert in her/his/their experience



Collaboration



Chat Question

- How do you show up for partners? How do you demonstrate solidarity and support?
 - Please enter your thoughts in the chat box



Coordinated Community Response Team



- Different than a case management team
- Examines systems in a community



Polling Question

- Do you have a CCRT?
 - Yes
 - No
 - I don't know



Coordinated Community Response Team (CCRT)

What is a CCRT? What is its purpose?

- Collaboration to improve response to and prevention of sexual assault and other forms of gender-based violence

What are the benefits of a CCRT?

- Multi-disciplinary, many lens
- Goes beyond crisis response
- Opportunity to build leadership
- Fosters more transparency and communication



Chat Questions

- Who is part of your CCRT?
- Who do you wish was part of your CCRT?
 - Please enter your thoughts into the chat box



Becoming a necessary partner



Comprehensive Approach



Trauma-Informed Practices

- Wait for the narrative to reveal itself—listen and stop interrupting
- Acknowledge the impact of trauma on memory and reflection
- Transparency and communication
 - Especially around levels and expectations of privacy
 - Choices are empowering
- Prevention—remembering to connect prevention with intervention and reporting resources
 - Trigger warnings
 - Resources
 - Comprehensive and multi-pronged
 - Culturally meaningful/engaging prevention strategies



Intersectionality

What is intersectionality?

Why is intersectionality important to violence prevention/advocacy?



Intersectionality cont....

How can we incorporate intersectionality in our efforts?

1. Knowing our strengths and challenges (being open to what we don't know)
2. Challenging assumptions and myths
3. Seeing the survivor within a intersectional background
4. Providing a menu of options
5. Collaborating with communities and building leadership and power in communities



Cultural Competency

Marginalized Populations

1. What constitutes an marginalized population and why?
2. How can campuses address the needs of marginalized populations?



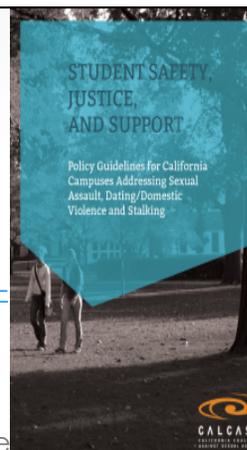
Vicarious Trauma & Self-Care

- Be aware of your own reactions to sexual assault
- Recognize the difference between what you want and what the survivor wants
- Know and inform survivor of your limitations
- Self-care
 - Stress relieving activities and outlets
 - Support circles



Resources

- [California Coalition Against Sexual Assault
www.calcasa.org](http://www.calcasa.org)
 - Guidelines for Campuses:
<http://www.calcasa.org/2015/06/calcasa-releases-policies-for-campus-addressing-sexual-assault-datingdomestic-violence-stalking/>
- National Child Trauma Stress Network
<http://www.nctsn.org/>
- International Association of Chiefs of Police
<http://www.theiacp.org/Trauma-Informed-Sexual-Assault-Investigation-Training>
- You Have Options:
www.reportingoptions.org



Media Tools

- A Bear in the Kitchen:
 - <https://www.youtube.com/watch?v=Dq1PojciADs>
- If Frats Were Feminist:
 - <https://www.youtube.com/watch?v=M0qr5cS5FhY>
- Who Are You?
 - <https://www.youtube.com/watch?v=iUj2OHLAG3w>



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