

# CLARIFYING THE ROLES OF ADVOCATES AND THERAPISTS IN DETENTION

## AN ADVOCATE

- Is someone who reports to a rape crisis center
- Is trained to provide trauma-informed crisis intervention
- Supports survivors during the the forensic exam and investigative process
- Provides survivors with referrals and follow-up services
- Supports survivors in making choices about accessing resources and systems
- Helps survivors to identify coping skills they already have
- Provides confidential emotional support to incarcerated survivors regardless of reporting status

## A THERAPIST

- Is someone who normally reports to the correctional facility
- Licensed to provide mental health support
- Helps clients improve cognitive and emotional skills
- Helps clients reduce symptoms of mental illness
- Helps clients cope with various challenges
- Helps clients in processing trauma and abuse
- Is a mandated reporter of sexual abuse and sexual harassment