

WELCOME

The webinar will begin shortly.

While you are waiting,
please mute your sound.

Use the chat box to type questions
during the webinar.

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Webinar ID: 879-846-979

CALCASA
CALIFORNIA COALITION
AGAINST SEXUAL ASSAULT

JUST DETENTION
INTERNATIONAL
RAPE IS NOT PART OF THE PENALTY

**Providing Rape Crisis
Services to Survivors in
County Jails**

**November 19, 2019
Webinar**

CALCASA
CALIFORNIA COALITION
AGAINST SEXUAL ASSAULT

JUST DETENTION
INTERNATIONAL
RAPE IS NOT PART OF THE PENALTY

Introductions

 **Marsela Rojas-Salas**
(She/Her/Hers)
Program Coordinator
CALCASA

 **Kris Mady**
(They/Them/Theirs)
Senior Program Officer
Just Detention International

 **Matthew Van Winkle**
(He/Him/His)
Senior Program Officer
Just Detention International

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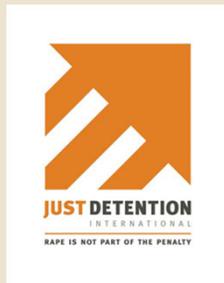
CALCASA's Mission

The California Coalition Against Sexual Assault (CALCASA) is committed to ending sexual violence through a multifaceted approach of prevention, intervention, education, research, advocacy and public policy.



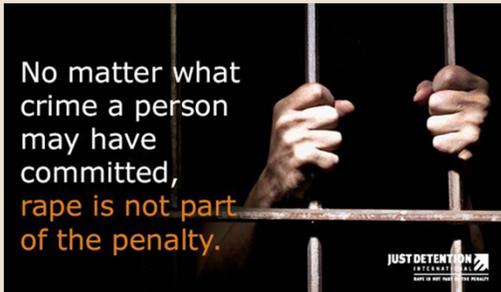
JDI's Mission

JDI is a health and human rights organization that seeks to end sexual abuse in all forms of detention.



JDI's Core Belief

No matter what crime a person may have committed, rape is not part of the penalty.



CA Advancing PREA Overview

CALCASA and JDI offer support and guidance to all CA rape crisis centers on how to:

- Build strong relationships with California Department of Corrections and Rehabilitation (CDCR) staff.
- Create sustainable agreements and protocols for the provision of victim services to survivors.



Workshop Agenda

- Jails in Focus
- Building Relationships
- Adjusting Your Services for the Jail Setting
- Post-Release Services

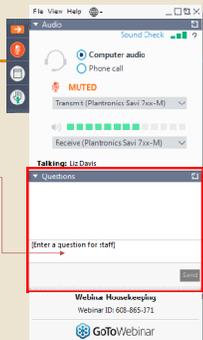


Photo: Just Detention International



Ask Questions!

- Type your questions into the Question pane of the Control Panel



Practice Self Care

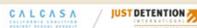
-  Take a moment to pause and savor your beverage.
-  Move around for 10 minutes. You may also try stretching in the mornings and between sessions.
-  Find a space: a room, a lounge, somewhere outside in the quiet, or somewhere with a noise level that comforts you. Concentrate on yourself, where you are and where you want to be, emotionally, mentally and so on. If you are new to meditation try breathing exercises. You may find that as you do this there may be thoughts in your head, do not engage with them; simply view them as clouds passing by.
-  Grab a coloring page, pick some colors to take with you, try coloring on spare time or while listening during a workshop.





How are Jails Different from Prisons?

JAIL	PRISON
run by local sheriff's department	run by the state or federal government
local or limited oversight	oversight is by ombudsman
holds people who may have not been convicted of a crime and a small number of people who have been convicted	holds people who have been convicted of a crime
length of stay can be short	length of stay is usually over one year
lack of programming	more robust programming
less physical movement/freedom	more movement



Length of Time in Jails

- 25 days is the average length of stay in a jail
- Many folks are awaiting trial, but still must remain incarcerated, sometimes for over a year.



CA Incarcerated Population "Reduction"

Contrary to the aim of the 2011 law, folks have simply shifted to county jails rather than be housed in state prisons, where less programming, less oversight, and less consistent approaches to inmate safety have proven deadly and caused many to wish they were in a state facility.



Oversight



San Mateo County
SHERIFF'S OFFICE
A Tradition of Service Since 1854

Services Correctional Services

Complaint Against a Staff Member

► To file a complaint against a staff member please contact Internal Affairs and complete form [here](#).

Professional Standards Bureau
400 County Center [\(View Map\)](#)
Redwood City, CA 94063
☎ (650) 363-4395



PREA in Jails

- Adult jails and adult prisons are beholden to the same PREA Standards
- Many jails lag behind state prison systems in PREA implementation
- Most jails have fewer inmates and a lower profile than prisons, and receive less media scrutiny



Increasing number of Women in jails

- Increased by 5% between 2016-2017
- 25% of incarcerated women are in jail
- Income inequality and bail
- 80% are mothers, most are primary caretakers
- Overrepresentation of Black and Native women



Jailing People with Mental Illness & Substance Use

- Two million people with mental illness are booked into jails every year
- Jails have inadequate resources to treat mental illness
- People with mental illness are held 4-8x longer
- 72% of people in jail with a serious mental illness also have a substance use issues



sandiegouniontribune.com



Jailing People with Mental Illness & Substance Use

- Less likely to make bail
- More likely to
 - Serve time in segregation
 - experience victimization and exploitation



themarshallproject.org



Frank Video



Rates of Sexual Abuse



Roughly 200,000 people are sexually abused behind bars every year in the U.S.

Source: Bureau of Justice Statistics, *Sexual Victimization in Prisons and Jails Reported by Inmates, 2011-12*, May 2013.

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Building Relationships

Goals

Enter into operational MOUs with your local jails or county which include

- forensic exam accompaniment
- toll-free, non-monitored, non-recorded, confidential phone calls
- confidential written correspondence
- confidential in-person services

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Two Truths

- 1. Partnering with local jails can be hard.
- 1. There are survivors inside local jails who need help.



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MAKING A DIFFERENCE IN THE MINDS OF THE MARGINALIZED

Tips for Getting Started

- Start the conversation with your local jail staff
- Use a concise and direct communications style until a rapport is established
- Acquire knowledge of the PREA standards, and refer to them
- Remember your agency is in a unique position to help jails be PREA compliant

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Building Relationships

- Connect with staff beyond the PCM
- Keep in constant contact, and meet in person when possible
- Be aware of informal opportunities to provide TA



Photo credit: LAPD

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MAKING A DIFFERENCE IN THE MINDS OF THE MARGINALIZED

Know Your Facility

- Request a tour of all jail sites in your service area for 1-2 advocates at your agency
- Invite your agency's E.D. or CEO to tour the jail sites
- Offer the tour as a form of onboarding for recently-hired staff, or staff new to working with clients in detention



What to Bring

- State-issued ID
- Clothing that meets visitor dress code, if applicable
- Comfortable walking shoes
- Notebook
- Business cards
- Outreach materials describing your services



What to See

- Housing units
- Administrative segregation
- Intake area
- Private locations for in-person services
- Medical/Mental health areas
- PREA postings including those which provide your agency info
- Inmate telephone areas



Who to Meet

- PREA Compliance Manager
- Investigative Services Unit (ISU) Lieutenant
- Mental health staff
- Medical staff
- Community Resource Manager
- "Merit Masters" or "Trustees"



What to Ask

- Who are my points of contact while I am in the jail?
- Is there a space where I can meet with survivors in private?
- What do I need to know about facility safety procedures while inside?
- What programming is offered to inmates here, and how do they access it?
- Can we make a test phone call to my agency from the inmate phones?
- When can we schedule a follow-up/implementation meeting?



Differences Between Advocates and Therapists in Detention

AN ADVOCATE

- Is someone who reports to a rape crisis center
- Is trained to provide trauma-informed crisis intervention
- Supports survivors during the forensic exam and investigative process
- Provides survivors with referrals and follow-up services
- Supports survivors in making choices about accessing resources and systems
- Helps survivors to identify coping skills they already have
- Provides confidential emotional support to incarcerated survivors regardless of reporting status

A THERAPIST

- Is someone who reports to the detention facility
- Licensed to provide mental health support
- Helps clients improve cognitive and emotional skills
- Helps clients reduce symptoms of mental illness
- Helps clients cope with various challenges
- Helps clients in processing trauma and abuse
- Is a mandated reporter of sexual abuse and harassment



Goals

Enter into operational MOUs with your local jails or county which include

- forensic exam accompaniment
- toll-free, non-monitored, non-recorded, confidential phone calls
- confidential written correspondence
- confidential in-person services





Adjusting Your Services for the Jail Setting

Adjusting Your Skills

- Safety planning for a client in a detention setting can force you to think creatively
- Coping skills you might offer to clients in the community might not be applicable for folks in jail
 - o Progressive muscle relaxation
 - o Journaling
 - o Mindfulness



Many Moving Parts

- Jails are often chaotic spaces where there is a lot of movement and always a lot going on
 - People who are just arriving at the facility still may be coming down from being on drugs or from alcohol
 - Often people who are struggling with mental health issues may not be in a place where their mental health has had a chance to stabilize



Knowledge Base



Forensic Exam Accompaniment

- Assault may have occurred prior to arrest
 - Making sure your advocates are called
 - Understanding reporting process as this is not a PREA report



Photo credit: CDCR

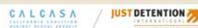


Hotline Calls

- Making hotline calls accessible to survivors inside is vital
 - Calls made from jail facilities generally carry a high cost (much higher than CDCR facilities)
 - There is sometime less freedom to make calls within a jail setting



Photo credit: LAPD

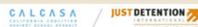


Timing of Services

- As people are in and out of a jail fairly quickly, it is important to provide timely response to survivors in a jail setting.
 - Ongoing letter correspondence may not be applicable
 - In person services must be scheduled quickly



Photo credit: mexperience.com



One on One

- Find a place to meet with your survivors
- Create a strong referral process for those who disclose at intake and to mental health staff at the facility
- Discuss follow up care with your survivor



Photo credit: JDI Survivor Art



Groups

- Make sure groups are applicable and offered to men and women
- Weigh the options of doing an open versus a closed group
- Create clear advertisement and access to your group



Photo credit: JDI





Post-Release Services

Where do clients go after their time in jail?

- State Prison
- ICE Detention
- Community



Photo credit: CDCR

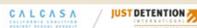


If Your Client is Transferred to CA Prison or Immigration Detention

- Your client could be transferred to any ICE facility
- CA State Prison Intake Facilities
 - Wasco State Prison (Men)
 - Central CA Women's Facility (Women)



Photo credit: MCSO

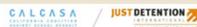


Re-entry Support

- Housing
 - HUD released Notice PIH 2015-2019
- Education
- Employment
- SNAP and TANF
- National Reentry Resource Center



npr.org



Post release care

- 90% of justice-involved people lack health insurance at the time of their release
- Enrolling in healthcare
- Mental health resources are critical
 - findtreatment.samhsa.gov



NRDC.org



Re-entry and relationships

- Connecting with family and friends
- Practicing coping mechanisms
- Returning to an abusive partner
- Harm reduction



Reducing Recidivism

- Re-entry services contribute to the reduction of recidivism
- The services and support YOU provide can reduce survivors chances of recidivating



"If I had an advocate, it would have saved me so much grief. It would have helped me through that traumatic event immensely.

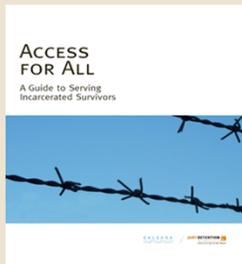
Going through it alone, I didn't know who I could trust and who I could talk to about it — which appeared to be nobody."

— Frank Mendoza, prisoner rape survivor and member of JDI's Survivor Council



A Toolkit for You

- Access for All: A Guide to Serving Incarcerated Survivors



Training Your Advocates

FACILITATOR'S GUIDE
Advocacy for All: An Introduction to Serving Incarcerated Survivors
 Length: 2 hours (66 slides)

Objectives:

- Build a basic understanding of incarceration in the United States and CDCR facilities
- Identify the dynamics of sexual abuse behind bars
- Develop an understanding of the basics of the Prison Rape Elimination Act (PREA)
- Learn ways to respond to incarcerated survivors via the hotline and at a forensic exam

Materials:
 PowerPoint slides, audio/video equipment

How to use this guide:
 This guide is intended to support the material presented in the PowerPoint presentation for the training entitled "Advocacy for All: An Introduction to Serving Incarcerated Survivors". The left column has a copy of each slide in the presentation; the right column has instructions on how to present the slides. The italicized text contains notes and directions for the trainer. The text not in italics is a sample script. Underlined text indicates places where the trainer should insert facility or agency specific information into the slides and script. Text contained in brackets is recommended for inclusion when time permits, but can be left out if you don't feel there is time.

Slide Content	Trainer's Narrative/Notes
<p>Slide 1: Main Title Slide</p> <p>Advocacy for All: An Introduction to Serving Incarcerated Survivors</p>	<p>Welcome to "Advocacy for All: An Introduction to Serving Incarcerated Survivors". This workshop was created by Just Detention International (JDI) and the California Coalition Against Sexual Assault (CALCASA) to help rape crisis centers feel confident and prepared to serve incarcerated survivors.</p>

Additional Resources

- California Coalition Against Sexual Assault
calcasa.org
- Just Detention International
justdetention.org
- PREA Resource Center
prearesourcecenter.org





